CAN I HIT THE ROAD

ON WARFARIN?

You Can.

AT A MOMENT'S NOTICE

Gold Seal of Approval® accreditation.

5: Van Beek, A., Moeyaert, M., Ragheb, B. et al. Outcomes of Warfarin Home INR Monitoring vs Oce-Based Monitoring: a

Retrospective. Claims-Based Analysis. J GEN INTERN MED (2023). https://doi.org/10.1007/s11606-023-08348-4. †Limitations of the analysis: • Only 5 trials were considered high quality (per the analysis). • Only 2 of the 22 reviewed trials in the analysis were conducted in the United States (ref# 23, 24), and both investigated PST, not PSM. • Compared with Usual Care, PST with or without PSM is associated with significal tly fewer deaths and thromboembolic events, without increased risk for a serious bleeding event, for a highly selected group of motivated adult patients requiring long-term anticoagulation with vitamin K antagonists. • PST is not for every patient taking warfarin but rather only selected patients who are willing, able and reliable

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As a remote INR monitoring leader, Acelis Connected Health Services has helped track more than 46 million INR tests. We also are a leading provider of programs for patients with chronic conditions including atrial fibrillation, deep vein thrombosis, and heart failure. As a Medicare-enrolled Independent Diagnostic Testing Facility (IDTF), we have earned the Joint Commission's



1: At-Home Versus In-Clinic INR Monitoring: A Cost-Utility Analysis from The Home INR Study (THINRS). Phibbs CS1,2,3, Love SR4,5, Jacobson AK6,7, Edson R8, Su P9, Uyeda L8, Matchar DB4,10,11;. 2: Internal Acelis Connected Health data on file

3: CHEST 2005; 127:1515-1522 4: The importance of mean time in therapeutic range for complication rates in warfarin therapy of patients with atrial fibrillation: A systematic review and meta-regression analysis. Anne Sig Vestergaard, Flemming Skjøth, Torben Bjerregaard Larsen, Lars Holger Ehlers. 2017 PLoS ONE 12(11):e0188482.

such photos is a model. COL-06156 03/24

**About Acelis Connected Health Services** 



# "Having the meter gives you freedom you didn't realize you had before. Being a part of the remote INR monitoring program gives me peace of mind and a sense of security about knowing what my levels are."

Acelis Connected Information Health Customer

**Information Form** 

-				U
Zip	State		City	ailing Address
□Male	☐ Female	Gender	Date of Birth	rst Name, M.I., Last Name

# Discover the convenience of remote INR monitoring.

The Acelis Connected Health Remote INR Monitoring Program\* enables you to test and report your INR at home, or wherever it's convenient for you. And it has the potential to offer the effectiveness and peace of mind that is valued by patients and clinicians alike. Remote INR monitoring has been associated with overall higher levels of quality of life and patient satisfaction when compared to Usual Care. (INR testing performed in office or lab setting.)

### What are the potential benefits f remote INR monitoring?

- An analysis of patients on service with Acelis Connected Health found that ACH remote INR monitoring customers had a mean time in therapeutic range of 70%, versus 63.5%<sup>3</sup> for Point-of-Care testers.\*\*
- Studies support the association of greater time in therapeutic range (TTR) with a lower risk for adverse events and complications.<sup>4</sup>
- And a separate meta-analysis of patient self-testing also found a 52% LOWER RATE of any adverse event versus lab and POC.5+



<sup>\*</sup>Available in the U.S. only.

# This is all it takes.

A qualified trainer from Acelis Connected Health can show you how to test yourself.

DRAW A SMALL DROP OF BLOOD with a simple fingerstick

TEST YOUR BLOOD using the ✓ INR meter we provide.

REPORT YOUR RESULTS easi one of the following options: **REPORT YOUR RESULTS** easily, using



Our ACH HealthCheck app for phones or tablets, which makes it easy to receive reminders and other messages from your doctor.



ACHHealthCheck.com



Our self-service automated phone system:

1-855-209-8400

Your doctor will be notified as soon as your results are reported.

### It's covered by Medicare and private insurances.

Remote INR testing is a covered benefit for those with an accepted diagnosis by Medicare as well as private health insurance policies. Our benefit-verification team will determine your eligibility and copays. You provide your insurance company and ID number, and we take care of the rest.

### We support you at every step.

Our full-service program includes everything you need to get started and begin routine testing. We guide you through the enrollment process. Our personalized training ensures you or your caregiver are comfortable with the simple steps for testing and reporting your results. We also make it easy to reorder supplies based on your adherence to your prescribed testing frequency. And our customer service representatives are always ready to help with testing or your insurance coverage questions.

## It's easy to get started.

Ask your doctor about remote INR monitoring, and whether it's right for you. If it is, your healthcare provider can send a completed prescription form to our patient enrollment team. Or, you can call us at 1-877-262-4669, and we'll work with your doctor to obtain the proper forms and information.

### Find out more on our website.

Want additional details on how remote INR monitoring can offer you greater convenience, easier reporting, and INR control? Check out Acelis.com. There vou'll find a wealth of information for people who are taking warfarin. All presented in a way that makes it fast and simple to find what you're looking for.

# **Frequently Asked Questions**

# **Q:** What is remote INR monitoring?

A: Since warfarin helps prevent blood from clotting, it is essential to monitor its effectiveness. The measure that matters is your INR (International Normalized Ratio) level. Traditionally this came from a venous draw by a lab or your healthcare provider. Our remote INR monitoring service, as prescribed by your physician, enables you to report your INR results remotely without having to travel to a lab or a doctor's office.

## O: Is remote INR monitoring right for me?

A: If you expect to be taking warfarin long-term (for one year or more), you'll value the convenience of testing at home, or on the road when you're traveling.\*\*\* If you or a caregiver can follow a doctor's orders and prescription instructions, you're most likely well-suited for remote INR monitoring.

# Q: How is my doctor involved?

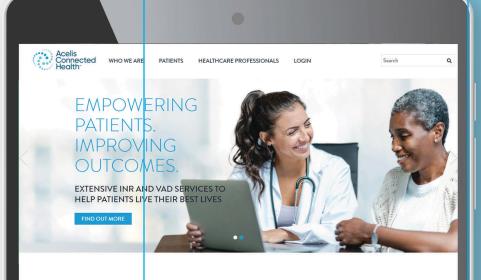
A: Your doctor prescribes our service and is notified after you test to ensure your INR remains stable in between office visits. We report your test results to your healthcare provider according to your physician's instructions.

# Q: How much training does it take?

A: We will help get you started with a personal training session. One of our qualified trainers will instruct you on how to obtain a blood sample with a simple fingerstick, use the INR meter and report your results.

In addition to our training team, our customer support representatives are available to help answer any questions that you may have.

\*\*\*Upon the approval of your healthcare provider.



**Notice of Privacy Practices** 

EFFECTIVE APRIL 1, 2020

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

As required by the Health Insurance Portability and Accountability Act

(HIPAA), Alere Home Monitoring, Inc. dba Acelis Connected Health Services (ACH, we, us or our) is providing you with this Notice of Privacy Practices (Notice) describing (1) the uses and disclosures of health information that may be made by ACH; (2) your rights under HIPAA; and (3) ACH's legal obligations with respect to your health information. Health information includes individually-identifiable medical, insurance, demographic and medical payment information, such as information about your diagnosis, medications, insurance status, medical claims history and policy information. ACH is committed to protecting the privacy and confidentiality of your health information.

Although you will receive a full copy of of this Notice of Privacy Practices at time of training, you may request a full copy at any time by calling Acelis Connected Health at 1.877.262.4669 or you may view it at Acelis.com.

<sup>\*\*</sup>Separate independent studies.